Nutrition Resources

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Learn About Nutrition Careers

The following links provide info about a sampling of nutrition-related careers. The list is not exhaustive. Continue your research by doing online searches for “keyword, careers” (such as corporate wellness, food labeling, fitness, nutrition).

Becoming a Registered Dietitian, Student Center of the Academy of Nutrition and Dietetics
http://www.eatright.org/BecomeanRDorDTR/

   About becoming an (RD) Certified Specialist (in pediatric, gerontological, renal or oncology nutrition, or sports dietetics)
   -- About certification, http://cdrnet.org/certifications/board-certified-specialist

Career options for Nutrition majors
http://nutrition.hhdev.psu.edu/undergraduate/careers

Clinical Research Job Descriptions
http://www.rhoworld.com/rho/career-center/job-profiles

Explore Health Careers
http://explorehealthcareers.org

Getting Started in a Clinical Research Career

How do I become a Diabetes Educator?
http://www.diabeteseducator.org/ProfessionalResources/CDE_Resource.html

How to Become a Nutritionist – Career Salaries, Job Stats, & Education

ONET
http://www.onetonline.org/
A tool for career exploration and job analysis (search key words of interest such as fitness and wellness coordinator, dietitian, health communications, health business, etc.)
Job Posting Sites for Nutrition

Note: To become a Registered Dietitian (RD), completion of a specific internship (the “RD internship”) is required after the undergraduate degree. The “RD internship” is not to be confused with the many diverse nutrition-related learning experiences available / encouraged throughout your undergraduate experience.

Center for Science in the Public Interest
http://www.cspinet.org/about/jobs.html
Jobs and Internships.

Center for Food Safety and Applied Nutrition
http://www.fda.gov/AboutFDA/CentersOffices/OfficeofFoods/CFSAN/ucm296564.htm

Food and Drug Administration
http://www.fda.gov/jobs/default.htm
Explains different employment opportunities in the FDA and links to the appropriate federal job posting site.

Going Global
http://goldpass.umn.edu (link for Going Global will be on the student landing page)
Going Global is a great resource for international students looking for information on work opportunities in the United States, and for information on the cultural nuances of the job search in cities and countries here and abroad.

GoldPASS
http://goldpass.umn.edu
University of Minnesota campus wide job posting system.

Internships (not RD internships!)
http://www.internships.com/
This website provides services and resources for students, employers and educators. Students can search for internships and jobs based on location and type of industry/major.

Minnesota Council of Non-Profits
http://www.minnesotanonprofits.org/jobs
Includes job postings for local non-profit organizations as well as organizational directories.

Nutrition jobs
http://www.nutritionjobs.com/

USAJOBS
http://www.usajobs.gov/
The official job site of the United States government. For a summary about federal employment applications, see http://careerhelp.umn.edu/PDFs/Federal%20Jobs%20Handout.pdf

USDA's Center for Nutrition Policy and Promotion (CNPP), (non-RD) Internships
http://www.cnpp.usda.gov/internships.htm
USDA Food Safety and Inspection Service
Provides an overview of employment in the FSIS and links to the appropriate federal job posting site for openings.

Professional Associations Related to Nutrition

Many professional associations have listservs or web sites where jobs and internships are posted. Sometimes, membership is required for access, so consider becoming a student member. Other benefits of membership include access to other members (for informational interviews), evidence of your commitment to the industry, and information about current trends as well as upcoming conferences and local meetings. CFANS sponsors travel grants for students to attend professional conference and development events.

Academy of Nutrition and Dietetics (formerly the American Dietetic Association)
www.eatright.org

Minnesota Academy of Nutrition and Dietetics (MAND)
http://www.eatrightmn.org/

Minnesota Academy of Nutrition & Dietetics- Twin Cities (MAND-TC)
http://www.eatrightmn.org/twincities/

American Diabetes Association
http://www.diabetes.org/
http://www.volunteermatch.org/search/org37576.jsp (Minnesota Chapter)
Information and resources for those with diabetes.

American Association of Diabetes Educators
https://www.diabeteseducator.org/
Resources, education and job postings for diabetes educators.

American Association of Family and Consumer Sciences (AAFCS)
http://www.aafcs.org/
Resources, news, events and job postings for the field.

American Public Health Association, Food and Nutrition Section (APHA)
https://www.apha.org/become-a-member

Corporate Health and Wellness Association (CHWA)
http://www.healthandwellnessassociation.com/
The Corporate Health and Wellness Association (CHWA) is the first national non-profit association focused on health, wellness, disease prevention and management for employers, employees and their families.

Food Service Associations and Organizations
National Association of Nutrition Professionals (NANP)
http://nanp.org/
“Setting the standard for Holistic Nutrition” – a professional business league, dedicated to furthering the cause, education and standards of the holistic nutrition industry.

Nutrition Entrepreneurs (NE)
http://www.nedpg.org/
A Dietetic Practice Group of the Academy of Nutrition and Dietetics. Our mission is to help members achieve their professional and financial potential by providing tools to for nutrition-related business.

Science Writing Organizations
http://casw.org/casw/science-writing-organizations

Society for Nutrition Education and Behavior (SNEB)
http://www.sneb.org/about/mission.html

Twin Cities Home Economists in Business
http://tcheib.org/
Professional association for those interested in food styling, culinary, food science and nutrition careers.

Additional Resources and News Related Web Sites for Nutrition

Food and Nutrition Information Center (FNIC)
http://www.nal.usda.gov/fnic/
Directory to practical resources for consumers, nutrition and health professionals, educators and government personnel, for printable format educational materials, government reports, research papers and more.

Gateway to Government Food Safety Information
http://www.foodsafety.gov/
Links to selected government food safety-related information.

Government Employment Information
http://www.careerhelp.umn.edu/governmentjobs.html
Comprehensive information on searching and applying to government employment.

Nutrition and Obesity Policy Research and Evaluation Network (NOPREN)
http://www.hsph.harvard.edu/nopren/
NOPREN is a research and evaluation network of the Prevention Research Centers program. Working groups include Water Access, Rural Food Access, Policy Impact, and Food Policy Councils.

Prevention Institute
http://www.preventioninstitute.org
Prevention Institute (prevention and equity at the center of community and well-being) was founded in 1997 to serve as a focal point for primary prevention practice—promoting policies, organizational practices, and collaborative efforts that improve health and quality of life.
University of Minnesota Undergraduate Research  
http://www.urop.umn.edu  
Offers research and creative activity experiences to students in all of our undergraduate colleges, to students in honors programs, as well as students not in honors programs.

USDA Food and Nutrition Service  
http://www.fns.usda.gov/  
Info about federal programs including the National School Lunch Program (NSLP), Women, Infants and Children Program (WIC) and Supplemental Nutrition Assistance Programs (SNAP)

U.S. Department of Health and Human Services  
http://www.hhs.gov/  
Comprehensive resources on disease, wellness, food, families, aging and more.

World Health Organization  
http://www.who.int/  
International resources about health and nutrition.

Student Organizations for Nutrition

For more information on the student organizations below, and others, visit  
https://gopherlink.umn.edu/organizations/

CFANS Student Board  
Comprised of elected executive student delegates and standing student group representatives that work directly with faculty and staff of the College of Food, Agricultural, and Natural Resource Sciences to create open communication across all levels of the college.

Collegiate Agri-Women  
An organization based on professional development and agricultural literacy. Activities that they participate in include educational school visits, retreats, and Harvest Farmer's Share Breakfast. They are also non-voting members of the Minnesota Agri-Women.

Food Science and Nutrition Club  
The Food Science and Nutrition Club fosters a close relationship among the Food Science and Nutrition students and faculty and promotes interest in the profession. The club encourages programs that stimulate the knowledge, thought and vision of its membership. Programs include speakers, demonstrations, field trips, and opportunities for association with leaders in the profession. Planned annual activities for the club include a tour of Pillsbury, a tour of Davisco, a departmental holiday party, a club picnic, a new product development team, and a number of speakers. There are no requirements for joining the club; it is open to all students interested in Food Science and Nutrition. You can also contact fsnclub@umn.edu with questions.
MANRRS (Minorities in Agriculture, Natural Resources, and Related Sciences)
A St. Paul based non-profit organization with the purpose to provide students of different backgrounds with the opportunities to grow professionally within their field of interest, socialize with other students of the same or different background, and make a difference in the community. MANRRS is also a nationally recognized organization with yearly conferences. All are welcome! Contact: mnmanrrs@yahoo.com

St. Paul Ambassadors
A voluntary, honorary organization consisting of undergraduate students from the College of Food, Agricultural and Natural Resource Sciences at the University of Minnesota. They assist in promoting the College to prospective students and their parents, alumni, potential donors, and friends of the College and University of Minnesota.

Student Organization of Nutrition and Dietetics (SOND)
Since 1980, The Student Organization of Nutrition and Dietetics, SOND, has brought together nutrition and dietetics students for networking, support, fun and outreach.